



n-compass Carers Services

Work across the county as part of Carers Lancashire providing support and information to Adult Carers (18+) and specialist support to Carers of Adults (16+) with a Mental Health Condition.

What is a Carer?

A Carer is someone who provides unpaid, often intensive support to family or friends who could not manage without support. This could be caring for a relative, partner, friend or neighbour who is ill, frail, disabled or who has mental health or substance misuse problems.

What Support is Available?

We are available to take your call on 0345 688 7113, Monday – Friday, 8.00am – 6.00pm. We are ready to provide you with information, support and signposting to help you better undertake your caring role. Other support available includes:-

- Specialist 1-2-1 and group support, including access to Carers, support workers skilled in fields such as Mental Health, Dementia, BME and Health
- Information and support to have a break including a Volunteer Sitting-In Service
- Delivery of Carers Assessments, and provision of personal budgets
- Help in an emergency
- A quarterly newsletter detailing groups and activities in your area
- Grants for Carers groups, activities and courses
- Carers Awareness Training for professionals

Our Carers Involvement Strategy also provides Carers with a voice in shaping and developing services in the communities they live in.

Contact Information

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